



Week One

Peel Hall Primary School

Primary Menu Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Build Your Own Taco with Veggie Chilli, Mixed Rice and a Mint yoghurt	Classic Pasta Bolognese & Garlic Bread	Roast of the Day Chicken with Stuffing & Gravy	BBQ Pulled Pork Bun with Wedges	Crispy Fish Cheeseburger with Chips & Tomato Sauce
Vegetarian Main Meal Option 1	Wholemeal Margherita Pizza Slice with Jacket Wedges	Veggie Mince Spaghetti Bolognese & Garlic Bread	Quorn Roast with Stuffing & Gravy	Sticky Barbecue Vegetables & Noodles	Crispy Veggie Burger with Chips & Tomato Sauce
Halal Option		Halal Lamb Pasta Bolognese & Garlic Bread	Spicy Halal Chicken Breast	BBQ Pulled Chicken Bun with Wedges	
Vegetable Selection	Green Beans Sweetcorn	Broccoli Roasted Summer Vegetables	Cauliflower Seasonal Greens	Wok Bashed Vegetables Carrots/Mixed Salad	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Pasta Option	Pasta Tomato Sauce				Pasta with Cheese Sauce
Dessert	Orange & Banana Traybake	Apple Flapjack	Tropical Crumble with Pineapple, Mandarin, Peaches & Cream	Watermelon & Pineapple Slices	Chocolate Cookie

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts



Primary Menu Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Margherita Pizza with Herby Diced Potatoes	Cheesy Ham & Broccoli Spaghetti with Herby Focaccia	Roast of the Day Pork with Yorkshire Pudding, Roast Potatoes & Gravy	Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce & Baked Wedges	Crispy Breaded Fish Fingers (Pollock) & Chips
Vegetarian Main Meal Option 1	Smoky Spiced Vegetable Stew with Mexican Rice & Homemade Tortilla Chips	Chinese Vegetable Curry & Mixed Rice & Naan	Roast Veggie Balls with Yorkshire Pudding, Roast Potatoes & Gravy	Creamy Baked Macaroni Cheese	Veggie Hot Dog with Onions & Chips
Halal Option		Cheesy Halal Chicken & Broccoli Spaghetti with Herby Focaccia	Spicy Halal Chicken Breast	Halal Chicken & Sweetcorn Meatball Sub	
Vegetable Selection	Sweetcorn & Peppers Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Broccoli Roasted Winter Vegetables	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Sandwich/Pasta Option	Pasta with Tomato Sauce				Pasta with Tomato Sauce
Dessert	Oaty Raisin Cookies with Watermelon Slice	Cinnamon Pear Upside Down Cake with Chocolate Drizzle	Jam Tart & Custard	Lemon & Blueberry Yoghurt Cake	(Hidden) Beetroot Brownie

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts



Primary Menu Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Veggie Meatballs with a Mediterranean Tomato Sauce & Fluffy Cous Cous	Traditional Toad in the Hole with Gravy	Roast of the Day Turkey with Stuffing & Gravy	Rich & Rustic Lamb & Root Vegetable Hotpot	Classic Friday Fish & Chips with Tomato Sauce
Vegetarian Main Meal Option 1	Wholemeal Margherita Pizza with a half portion of Baby Baked Potatoes	Autumn Vegetable & Wholewheat Tortilla 'Lasagne'	Quorn Roast with Stuffing, & Gravy	Tomato, Basil & Courgette Pasta Bake	Mozzarella & Fresh Tomato Melt with Chips & Tomato Sauce
Halal Option		Traditional Halal Chicken Toad in the Hole with Gravy	Spicy Halal Chicken Breast	Mild Piri Piri Halal Chicken & Lentil Bake served with mixed rice	
Vegetable Selection	Mixed Vegetables Garden Salad	Green Beans Cauliflower	Wok Bashed Vegetables Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Sandwich/Pasta Option	Pasta with Tomato Sauce				Pasta with Tomato Sauce
Dessert	Chocolate Shortbread with Apple Smiles	Carrot Cake Cookie	Peach Shortcake Bar & Custard	Watermelon & Pineapple Slices	Lemon & Courgette Slice

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

